



## Super Pantry

### What is a Super Pantry?

Super Pantries are food distribution hubs located across San Diego County that offer both contactless “drive-thru” and “walk-up” food distribution services. All Super Pantries are open for food distribution a minimum of 3 days per week.

Individuals and families in need of food assistance can visit your nearest Super Pantry during opening hours to receive emergency groceries and resources.

**35 Super Pantries** in total will be listed by July 31, 2020. Check back at [www.SanDiegoFoodBank.org/GetHelp](http://www.SanDiegoFoodBank.org/GetHelp) weekly for an updated list.

### CENTRAL

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**Location:** Jewish Family Service of San Diego  
8804 Balboa Avenue  
San Diego, CA 92123  
Near Coleman University. Distribution is at the building on your left as you enter parking lot;

**Food Distribution Days & Hours:** Monday – Friday 11:00 am – 1:00 pm

**Helpful Tips:** this site can provide diapers upon request

**2020 Holiday Closures:** July 3

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**Location:** Old Town Community Church  
2444 Congress Street  
San Diego, CA 92112  
Between San Diego Avenue and Conde Street

**Food Distribution Days & Hours:** Monday 1:00 pm - 4:00 pm

**Helpful Tips:** additional days will be added soon

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**Location:** St Paul United Methodist Church of San Diego  
3094 L Street  
San Diego, CA 92102  
Cross street is 31st St. Distribution takes place in back of the Church, go up the alley way; entrance will be on your left.

**Food Distribution Days & Hours:** Thursdays 12:00 pm - 2:00 pm

**Helpful Tips:** additional days will be added soon

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**Location:** Father Joe's Village

Updated 6/30/2020

3350 E Street  
San Diego, CA 92102

**Food Distribution Days & Hours:** Monday, Thursday, & Friday 12:00 pm - 2:00 pm

**Helpful Tips:** this site can provide diapers upon request

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**Location:** La Maestra  
4060 Fairmount Avenue  
San Diego, CA 92015

**Food Distribution Days & Hours:** Monday and Wednesday 9:00 am - 2:00 pm; Friday 10:00 am - 3:00 pm

**Helpful Tips:** this site can provide diapers upon request

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**Location:** San Diego Rescue Mission  
200 E 26th Street  
National City, CA 91950

**Food Distribution Days & Hours:** Monday-Friday 10:00 am - 2:00 pm

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**Location:** Special Delivery San Diego  
4021 Goldfinch Street  
San Diego, CA 92103

**Food Distribution Days & Hours:** Monday-Thursday 11:00 am - 1:30 pm

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**Location:** Ministerio Tiempo Nuevo at Bethel Baptist Church  
1962 Euclid Avenue  
San Diego, CA 92105

**Food Distribution Days & Hours:** Friday from 9:45 am - 12:00 pm

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## NORTH COUNTY

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**Location:** North County Food Bank  
1445 Engineer Street, Suite #110  
Vista, CA 92081

Nearest major intersection is Sycamore and S. Melrose.

**Food Distribution Days & Hours:** Monday - Friday 9:00 am - 5:00 pm; if carpooling, must show proof of different addresses

**Helpful Tips:** this site can also provide diapers

**2020 Holiday Closures:** will be closing at 11:00 am on Friday, June 26 for staff event, July 3

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**Location:** Brother Benno Foundation  
3260 Production Avenue  
Oceanside, CA 92058  
Between Roymar Road and Airport Road

**Food Distribution Days & Hours:** Monday - Friday from 6:30 am - 10:45 am & 11:30 am - 12:00 pm

**Upcoming Holiday closures:** July 3

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**Location:** Community Food Connection

14047 Twin Peaks Road

Poway, CA 92064

Passing Twin Peaks Middle School just before CIRCLE K behind Trinity Church

**Food Distribution Days & Hours:** Mondays, Wednesdays, & Fridays from 3:00 pm - 6:00 pm

**Helpful Tips:** Food Pantry is in portable trailer behind the church

**Upcoming Holiday closures:** July 3

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**Location:** Fallbrook Food Pantry

140 N. Brandon Road

Fallbrook, CA 92028

**Food Distribution Days & Hours:** Monday – Friday 9:30 am – 12:30 pm

**Upcoming Holiday closures:** July 3

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**Location:** Mission San Luis Rey Parish

4070 Mission Avenue

Oceanside, CA 92507

**Food Distribution Days & Hours:** Tuesday, Wednesday, and Thursday 9:00 am - 3:00 pm

**Helpful Tips:** this site can provide diapers upon request

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**Location:** Ministerio Tiempo Nuevo at Iglesia Rosa de Saron

1703 E Valley Parkway #6

Escondido, CA 92027

**Food Distribution Days & Hours:** Saturdays 6:00 am to 10:00 am

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**Location:** Ministerio Tiempo Nuevo at Calvary Church

885 Vista Way

Vista, CA 92084

**Food Distribution Days & Hours:** Wednesdays 7:00 am to 10:00 am

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**Location:** Interfaith Community Services

550 West Washington Avenue

Escondido, CA 92025

**Food Distribution Days & Hours:** Monday-Friday 8:00 am - 11:00 am and 1:00 pm - 3:00 pm

**Helpful Tips:** this site can provide diapers upon request

**Upcoming Holiday closures:** July 3 & 1<sup>st</sup> Friday of each month

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**Location:** San Marcos Adventist Church

363 Woodland Parkway

San Marcos, CA 92069

**Food Distribution Days & Hours:** Tuesday 4:00 pm – 6:00 pm drive-thru; Saturday 1:00 pm – 4:00 pm;  
Sunday 3:00 - 5:00 pm

**Helpful Tips:** this site can provide diapers upon request

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## EAST COUNTY & RURAL

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**Location:** Heaven's Windows  
8848 Troy Street  
Spring Valley, CA 91977  
At Goodland Acres County Park

**Food Distribution Days & Hours:** COVID-19 Hours: Tuesday - Friday from 9:00 am - 12:00 pm

**Upcoming Holiday closures:** July 3

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**Location:** Salvation Army - El Cajon  
1025 East Main Street  
El Cajon, CA 92021  
Cross street is Anza

**Food Distribution Days & Hours:** Mondays 1:00 pm – 4:00 pm; Wednesdays 1:00 pm – 4:00 pm; Fridays 1:00 pm – 6:00 pm

**Helpful Tips:** Tuesdays and Fridays 9:00 am – 12:00 pm homeless services

**Upcoming Holiday closures:** July 3

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**Location:** Santee Food Bank  
9715 Halberns Blvd.  
Santee, CA 92071

**Food Distribution Days & Hours:** Wednesdays, Fridays, and Saturdays 8:00 am – 11:00 am; 1<sup>ST</sup> and 3<sup>rd</sup> Tuesday of each month from 9:00 am – 11:00 am

**Upcoming Holiday closures:** July 3

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**Location:** Samoa Independent  
2055 Skyline Drive  
Lemon Grove, CA 91945

**Food Distribution Days & Hours:** Mondays, Tuesdays, Wednesdays 9:00 am – 12:00 pm

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**Location:** Stepping Higher Incorporated  
9923 Campo Road, Suite A  
Spring Valley, CA 91977

**Food Distribution Days & Hours:** Tuesdays, Wednesdays, and Thursdays 11:00 am – 1:00 pm

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**Location:** Ministerio Tiempo Nuevo  
8179 Broadway Boulevard  
Lemon Grove, CA 91945

**Food Distribution Days & Hours:** Monday - Friday 8:00 am - 11:45

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**Location:** Ministerio Tiempo Nuevo at Bethel Assembly of God  
1929 Arnold Way  
Alpine, CA 91901

**Food Distribution Days & Hours:** Thursdays from 10:00 am – 12:00 pm

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## SOUTH BAY

**Location:** Hearts & Hands Working Together  
663 E San Ysidro Boulevard  
San Ysidro, CA 92173  
At San Ysidro Community Service Center. Distribution happens in the back of the building; wire fence door at far left of parking lot will open exactly at distribution time.

**Food Distribution Days & Hours:** COVID-19 hours: Monday - Friday from 3:00 pm - 5:30 pm

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**Location:** Community Through Hope  
465 C Street  
Chula Vista, CA 91910

**Food Distribution Days & Hours:** Tuesday & Thursday 8:00 am - 10:00 am (drive-thru or walk up);  
Wednesday 9:00 am - 2:00 pm (walk-up by appointment only)

**Helpful Tips:** this site can provide diapers upon request

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**Location:** Operation Promise  
630 Corte Maria Avenue  
Chula Vista, CA 91910

**Food Distribution Days & Hours:** Monday 1:00 pm - 3:00 pm, Wednesday 1:00 pm - 4:00 pm, Thursday 1:00 pm - 5:00 pm

**Helpful Tips:** Diapers are distributed on Mondays and Wednesdays

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For other programs' distributions, please check our website:

**[SanDiegoFoodBank.org/GetHelp](https://SanDiegoFoodBank.org/GetHelp)**

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