



## Food Resources

### 2-1-1 San Diego

Simply dial 2-1-1 on your phone

[www.211sandiego.org](http://www.211sandiego.org)

*Serving San Diego County, 2-1-1 San Diego connects you with community, health and disaster services through a free, 24/7 stigma-free phone service and searchable database.*

### City of San Diego and Feeding San Diego

[www.sandiegoparksfoundation.org/major-projects/nourishing-neighbors](http://www.sandiegoparksfoundation.org/major-projects/nourishing-neighbors)

*Providing free meals for kids 18 and under. Meals are available at parks across the city and parents can pick up breakfast and lunch to go, even if their kids are not with them. No registration, income verification, or paperwork of any kind is required.*

*Meals are available Monday - Friday from 12pm - 1pm at the following park locations*

- **Cesar Chavez** - 1449 Cesar E. Chavez Pkwy, San Diego, CA 92101
- **Encanto** - 6508 Wunderlin Ave., San Diego, CA 92114
- **Golden Hill** - 2590-2596 Golden Hill Dr, San Diego, CA 92102
- **MLK** - 6401 Skyline Drive, San Diego, CA 92114
- **Montgomery Waller** - 3020 Coronado Ave, San Diego, CA 92154
- **Mountain View** - 603-641 S Boundary St, San Diego, CA 92113
- **Paradise Hills** - 6610 Potomac St., San Diego, CA 92139
- **San Ysidro** - Located between East and West Park Avenues, Seaward Avenue, and West San Ysidro Blvd in the center of the community
- **Silver Wing** - 3737 Arey Dr, San Diego, CA 92154
- **Willie Henderson** - 1035 S 45th St, San Diego, CA 92113
- **Southbay** - 1885 Coronado Ave., 92154
- **Southcrest** - 12:30 to 1:30 p.m. - 4149 Newton St. San Diego, CA 92113

*Face coverings are required.*

### Feeding San Diego

(858) 452-3663

[www.feedingsandiego.org/need-help/food-distributions](http://www.feedingsandiego.org/need-help/food-distributions)

*Feeding San Diego works with hundreds of distribution partners to provide food and resources to the community. There are NO REQUIREMENTS to accessing food at any of our distributions*

### The Jacobs & Cushman San Diego Food Bank

1-866-350-3663

[www.sandiegofoodbank.org](http://www.sandiegofoodbank.org)

*Offers a variety of services including: Neighborhood Distribution Programs, Emergency Food Assistance Program, Senior Food Program, CalFresh, Diaper Program, and many more.*



Neighborhood House Association

*"A Neighbor You Can Count On...Since 1914"*



### **San Diego County Office of Education - 2020 Summer Meal Sites: San Diego County**

[www.cde.ca.gov/ds/sh/sn/ap/summersites.asp?year=2020&countyname=San\\_Diego](http://www.cde.ca.gov/ds/sh/sn/ap/summersites.asp?year=2020&countyname=San_Diego)

*Any student age 2 to 18 can go to any school site providing meals and receive food during this period of school closures due to COVID-19. The California Department of Education's "CA Meals for Kids" mobile app has been updated to help students and families find meals during COVID-19-related emergency school closures.*

### **San Diego Unified School District – Summer Fun Café**

[www.sandiegounified.org/summer-fun-cafe](http://www.sandiegounified.org/summer-fun-cafe)

*Meals are available at 57 sites throughout San Diego at no cost for kids and teens 18 years old and younger. No paper work, no identification and no income verification needed. Special family barbecues are held throughout the summer and feature free meals for the whole family, free community resources and fun activities. Locations and serving times as well as barbecue dates are listed below. Families can also find serving sites near them by calling 211 or by texting "FOOD" or "COMIDA" to 877-877. The summer meal program is funded through the United State Department of Agriculture and operated by the San Diego Unified School District.*

### **Super Pantry Program**

<https://sandiegofoodbank.org/gethelp/>

*Super Pantries are food distribution hubs located across San Diego County that offer both contactless "drive-thru" and "walk-up" food distribution services. All Super Pantries are open for food distribution a minimum of 3 days per week. Individuals and families in need of food assistance can visit your nearest Super Pantry during opening hours to receive emergency groceries and resources.*

### **CalFresh**

1-866-262-9881

[www.sandiegocounty.gov/content/sdc/hhsa/programs/ssp/food\\_stamps.html](http://www.sandiegocounty.gov/content/sdc/hhsa/programs/ssp/food_stamps.html)

*CalFresh is also known as the federal Supplemental Nutrition Assistance Program (SNAP). CalFresh is a program for low-income families and individuals that meet certain income guidelines. CalFresh benefits help supplement your food budget and allow families and individuals to buy nutritious food.*

### **San Diego WIC**

1-800-500-6411

[www.sandiegowic.org](http://www.sandiegowic.org)

*The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides federal grants to states for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five.*



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**El Cajon Seventh Day Adventist Church - Community Food Distribution**

(619) 200-0598

[www.ecsdafamily.org](http://www.ecsdafamily.org)

Tuesday 4:00 pm-5:30 pm - 1630 E MADISON AVE, EL CAJON, CA 92019

*COVID-19 update: Service is being provided To-Go only. Clients in vehicles are advised to drive up to have produce placed in trunk. Advising not to leave vehicles. Individuals not driving will also be served and are advised to have box or bag ready for food packages transfer. Offers supplemental food packages on a weekly basis for individuals and families in need.*

**Friendships for Hope, Inc. - Food Distribution**

(619) 267-8990

[pastorwill@cox.net](mailto:pastorwill@cox.net)

*Individuals in need can receive a bag of food that live within the service area (91950, 92139, 92114, 92113, 92102). Distributes bags of food, primarily produce, and offers emergency food as needed throughout the week by calling the office.*

**Jewish Family Service (JFS) of San Diego - Hand Up Food Pantry, Community Food Distribution**

(858) 637-3210

*Provides food bags to those in need due to homelessness, financial difficulties, or other transitional and/or crisis issues and emergency food. Food bags are considered supplemental to other resources, available for people with dietary restrictions and is available to any person regardless of race, age or religion. Non-perishable items, bread, fresh produce, hygiene items, and other perishables are available.*

**Community Christian Service Agency - Emergency Food Pantry, CCSA Clairemont Center**

(858) 274-2273

*Provides emergency services to low-income individuals and families. Emergency food is available up to six times per year and eight times for seniors, clothing and hygiene items are also available to those in need.*

**Food Pantry**

(619) 297-7373

*Offers a food pantry available once a month to individuals that meet eligibility requirements. Must live in the service area which consists of Downtown, Banker's Hill, North Park, South Park, Kensington, University Heights, Hillcrest, Normal Heights, Talmadge and City Heights. 92101, 92102, 92103, 92104, 92105, 92115, 92116*

**Father Joe's Villages - Food Pantry**

(619) 233-9500

*Offers a food pantry for community members or community agencies.*



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**Abundant Grace Christian Center Food Distribution**

5858 El Cajon Blvd, San Diego, CA 92105

Free Food distribution for anyone -bring your own bag

Sundays 1:00 p.m.

Monday: 10:00 a.m.

Wednesday: 8:00 p.m.

**Jewish Family Service**

When: Monday - Friday - 11:00am - 1:00pm

Where: 8804 Balboa Ave, San Diego, CA92123

*JFS is currently doing a food drive through at our main campus. Anyone in need of food can come to JFS Mon-Fri 11am-1pm to pick up a bag of food.*

**Mercado Apartment Food Distribution**

When: 1st Friday of the month

Where: No longer at the Mercado Apartment parking lot. Food is distributed at the Chicano Park Skate park along Newton Ave. The cross street is Dewey St.

Time: Food is distributed starting at 9:30 a.m. Families begin to line up at 7 a.m.