



Neighborhood House Association

"A Neighbor You Can Count On...Since 1914"



Community Resources

Diapers

San Diego Diaper Bank Program

858-527-1419

[English Flyer](#) [Spanish Flyer](#)

Miracle Babies

858-633-8540

www.miraclebabies.org

Domestic Violence

If you are concerned about being quarantined in an unsafe home situation or need help, all DV shelter resources are available on: www.domesticshelters.org. The National Domestic Violence Hotline is also available 24/7 at **1-800-799-7233** or **1-800-787-3223**.

Family Justice Center

619-533-6000

www.sandiego.gov/sandiegofamilyjusticecenter

YWCA San Diego County

619-234-3164

www.ywca.org

Food

Feeding San Diego

858-452-3663

www.feedingsandiego.org/get-help/

San Diego Food Bank

858-527-1419

www.sandiegofoodbank.org/gethelp

Housing/Rental Assistance

County of San Diego COVID-19 Emergency Rental Assistance Program

858-694-4801

[County of San Diego](#)

San Diego Housing Commission

619-231-9400

www.sdhc.org

Immigration

Alliance San Diego

619-269-1823

www.alliancesd.org

Immigration Center for Women & Children

619-515-2200

www.icwclaw.org

Jewish Family Services

858-637-3210

www.jfssd.org

San Diego Rapid Response Network

619-536-0823

www.rapidresponsesd.org

Legal

Legal Aid Society of San Diego

1-877-534-2524

www.lassd.org

San Diego Volunteer Lawyer Program

619-235-5656

www.sdvlp.org

Mental Health

If someone you care about is suicidal, experiencing a mental health crisis, or needs a Mental Health referral, please call

The San Diego Access and Crisis Line at 888-724-7240.

Trained and experienced counselors are available 7 days a week, 24 hours a day to provide support, referrals, and crisis intervention in English and Spanish. All calls are free and confidential.

Special Education

The San Diego Regional Center

Newborn to 2 years 10 months

858-576-2996

www.sdhc.org

SDUSD Preschool Special Education

2 years 10 months to 5 years old

858-490-8521

Email: spedpreschoolreferrals@sandi.net